

DUTY PACK

The duty pack alternates between walkers and runners for the week, and provides and prepares afternoon tea and cleans up afterwards.

DOGS

No dogs are permitted on official club walks and runs.

CLUB COLOURS

White, green and gold singlet with black shorts. Club uniform and registration number must be worn for competitive events.

CANCELLATIONS

No cancellations due to bad weather, but venues may change. Check the webpage, email and local radio stations if in doubt.

CLUB OFFICIALS

President	John Watson	448-5969
Vice-President	Merv Bird	448-8918
Immediate Past President	Gary Hesson	448-6121
Secretary	Glenda Thompson	448-7244
Treasurer	Peter Sarson	448-7978
Club Captain	John Thompson	448-7244
Deputy Club Captain	Ewan Fallow	449-3151
Committee	Linda Whelan	448-7961
	Gaynor Sutherland	448-6872
	Barrie Hood	426-2823
	Judy Dymock	448-8092
	Elsbeth Ellis	448-9355
	Bernard O'Meara	448-8768
Life Members	Dick Dowland, Ian Dick, Don & Kath Thompson, Alan Goodfellow, Gary Hesson, Jill Scott.	
Financial Review	Ibbotson Cooney.	

ALEXANDRA HARRIER AND WALKERS CLUB

Alexandra Harriers and Walkers meet every Saturday afternoon from Easter to Labour Weekend to run and walk in the hills around Central Otago. With four running packs and two to three walking groups, a wide range of abilities is catered for.

Meet at the old swimming pool park, Corner Thompson & Walton Streets at 1:00pm (unless indicated otherwise) - bus transport provided most weeks.

New members and visitors are welcome.

Further information from the Club Captains:

John Thompson 448-7244

Ewan Fallow 449-3151

or our website:

www.alexharriers.co.nz

or write to:

PO Box 249 Alexandra 9340

or email

info@alexharriers.co.nz

Clyde Dam to Alexandra 10km Road Races

This popular annual event for runners and walkers is held every August. The race starts on the Clyde Dam and heads down the by-pass road through the historic township of Clyde, past the hospital along Muttontown Road to the main highway, which competitors then follow to the outskirts of Alexandra.

As well as the 10km run and walk, there are shorter races for walkers & junior runners.

Entry forms available early July from local sports stores, our website or contacting any of the committee members.

Alexandra Harrier and Walkers Club



1977-2011 2011 SYLLABUS

APRIL

- 3 **OPENING RUN/WALK – POOLBURN - BUS 1PM**
Duty Pack – Committee
- 9 **FRASER WEIR - BUS 1PM**
Ashton’s Sunbury Park
Duty pack - Runners
- 16 **LAKE HAYES. - BUS 12.30PM**
Duty Pack - Walkers
- 23 **EASTER - NO BUS (UNOFFICIAL)**
Local run/walk. Meet at 1pm at old swimming pool Cnr Thompson & Walton Streets
- 30 **CASTLE ROCK/EARNSCLEUGH CAVE**
Carpool to Conroys – Staggered Starts
Duty Pack - Runners

MAY

- 7 **CROMWELL – BANNOCKBURN – BUS 1PM**
Duty Pack – Walkers
- 14 **LITTLE VALLEY – MATANGI STATION BUS 1PM - LONG WALKERS EARLIER START**
Duty Pack - Runners
- 21 **NORTHBURN STATION - BUS 1PM**
Lake Dunstan
Duty Pack – Walkers
- 28 **FRUITLANDS – SHEEPSHEAD STATION TO MITCHELLS COTTAGE - BUS 1PM**
Long walkers carpool- 12.45pm
Duty Pack - Runners

JUNE

- 5 **QUEENS BIRTHDAY WEEKEND - NO BUS**
Local run/walk. Meet 1pm old swimming pool
Duty Pack - Walkers
- 11 **O2O – OPHIR TO OLRIG – BUS 1PM**
Staggered starts
Duty Pack - Runners
- 18 **WEEKEND AWAY**
- 19 Destination to be confirmed
- 25 **AURIPO ROAD – IDA VALLEY - BUS 1PM**
Duty Pack - Walkers

JULY

- 2 **WAIKERIKERI VALLEY - BUS 1PM**
Attfield’s Woolshed Waikerikeri Valley
Duty Pack – Runners
- 9 **QUEENSBURY - BUS 12.30PM**
Duty Pack - Walkers
- 16 **MYSTERY TRIP - BUS 12.30PM**
Duty Pack - Runners
- 23 **OTUREHUA (GOLD MINE) - BUS 12.30PM**
Duty Pack – Walkers.
- 30 **CHAMPAGNE GULLY – BUS 1PM**
Duty Pack - Runners

AUGUST

- 6 **CLYDE TO ALEXANDRA ROAD RACE**
- 13 **ROUGH RIDGE RAMBLE - BUS 12.30PM**
Armstrong’s, Ida Valley.
Duty Pack – Walkers
- 20 **FRASER D LOOP - BUS 1PM - (Club Dinner)**
Fraser Dam Road to Fraser Domain
Duty Pack - Runners
- 27 **WANAKA - BUS 12.30PM**
Duty Pack - Walkers

SEPTEMBER

- 3 **SUMMERFRUIT – BUS 1PM**
Duty Pack - Runners
- 10 **FLAT TOP HILL - BUS 1PM**
Duty Pack - Walkers
- 17 **CLYDE TO CORNISH POINT - BUS 1PM**
Staggered Starts
Duty Pack - Runners
- 24 **BLOSSOM FESTIVAL** No club event

OCTOBER

- 1 **BENDIGO – NO BUS 12.45PM**
Duty Pack – Walkers
- 8 **LAKE ROXBURGH VILLAGE- BUS 1PM**
Commissioners Flat Track
Duty Pack – Runners
- 15 **WALK TO LUNCH - NO BUS - Final Walk**

2011 SUBSCRIPTIONS

	Registered	Social
Senior	\$70.00	\$35.00
U20	\$50.00	\$20.00
U17	\$35.00	\$20.00
U15	\$35.00	\$15.00

Subscriptions due now
Payments to Treasurer
or
Internet Banking
Westpac 031733 0004935 00
With Reference YOUR NAME

DISCLAIMER:

Please note that you participate in runs and walks at your own risk.